

Bernstoffsvej 54 DK 2900 Hellerup Tlf +45 / 39621053

email admin@rygaards.com

www.rygaards.com

Well-being Survey at Rygaards School – School Year 2024-25

At Rygaards School, we work purposefully and systematically to support student well-being, as we see it as essential for both academic and personal development. As part of this ongoing effort, we conducted a well-being survey in the spring of 2025 for all students at every grade level. Since we are a private school and cannot use the Danish Ministry of Education's well-being survey tool, our survey was carried out using the digital platform *klassetrivsel.dk*, which is specifically designed for this purpose and is widely used in Danish schools.

The aim of the survey is to gain a nuanced understanding of students' well-being so we can develop and implement initiatives that strengthen the sense of community across all classes and departments.

Methodology

The survey was conducted anonymously to provide a safe space for students to give honest responses. Klassetrivsel.dk then generated a consolidated report for the entire International Department and a class report for each class. These reports provide detailed insights into students' experiences of, for example, safety, community and peer relationships within their class.

The survey itself includes more than 100 questions, divided into three segments corresponding to the lower, middle and upper school grades. The questions address both social and academic well-being in order to gain a better picture of our students' everyday experiences. These anonymous reports and the data they contain form the foundation for our continued work on student well-being at both class and department levels.

The following pages of this document present an overview of the responses from the well-being survey for our International Department for the 2024–25 school year.

Going Forward

Class teachers are responsible for reviewing the results for their individual classes. Based on this review, class teachers, in conjunction with our Special Educational Needs Co-ordinator (SENCO) will prepare an action plan with specific initiatives aimed at promoting and maintaining positive



Bernstoffsvej 54 DK 2900 Hellerup Tlf +45 / 39621053

email admin@rygaards.com

www.rygaards.com

well-being among students. These action plans should be guided by the strengths and challenges highlighted in the reports.

It is important to us that this work on student well-being is not a one-off initiative, but a continuous process where we regularly follow up and make adjustments to best support each student's academic and social well-being.

Follow-up and Responsibility

The development and implementation of the action plans will take place in close collaboration with the school's wellbeing team (WAS – Wellness Award for Schools), as well as our SENCO, and the relevant Department Heads. Together, we ensure that the chosen initiatives are systematically implemented and followed up on. Time and resources will be allocated to make follow-up an integrated part of the class teacher's and Department's work.

Digital responsibility has been a focus area in 2024-25 due to the impact that it has on wellbeing. In this area, we have held workshops for staff as well as students with the school on course for certification for its input in this area. Further workshops would continue in the following school year as part of Cyber Week in October.

Deltagergrupper: (1X) (1Y)



lessons/teaching

Wellbeing, Rygaard's International School, January 2025

Udskrevet af Claus Offersen - 18. september 2025, 11:12 - Rygaards Skole

Rapport for enhed: Rygaards Skole

Sidst lukket: 26. marts 2025, 14:20 Anonym undersøgelse: Ja

Benytter billeder: Nej Benytter oplæsning: Nej

Kommentarer: Altid Distribueret undersøgelse: Nej

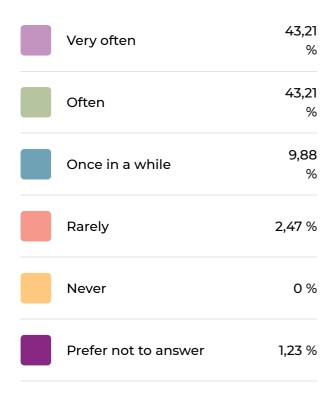
 Segmenter:
 Segment 1
 Segment 2
 2X
 2Y
 3X
 3Y
 4

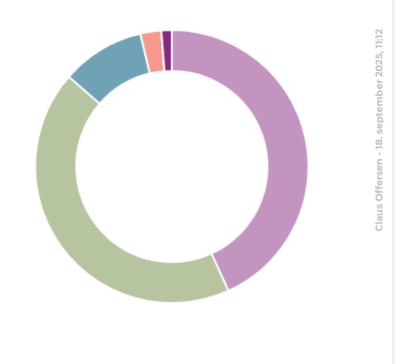
 Segment 3
 4Y
 5X
 5Y
 6X
 6

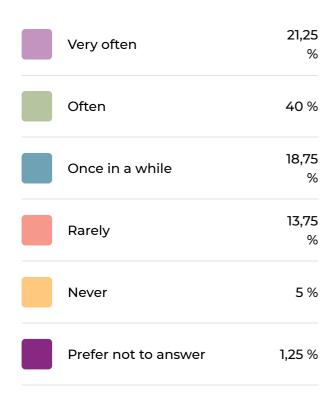
 7X
 7X
 7X
 8X
 8X
 8X

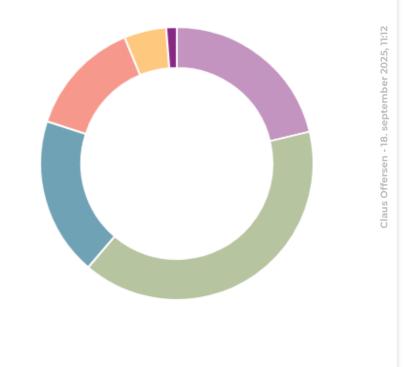
Spørgsmålspakker: Friendship/Who is in charge in the class/Class community Disruptions in the classroom The student and breaks The student's experience of lessons/teaching The student and the class The student and the teachers The student and the school The student and breaks Communication and digital citizenship Homework Language use in the classroom Disruptions in the classroom The student and bullying/teasing/boundaries between bullying and teasing Roles and positions The student's view of themselves/self-understanding/student optimism The student and the teachers The student's experience of

Formål: This survey aims to assess the wellbeing of children across the entire Rygaard School and forms the annual wellbeing survey. The results will be treated confidentially by the school's leadership and will be shared at a class level in anonymised form with the respective teaching teams. All data from the survey will be deleted no later than 3 years after the survey.

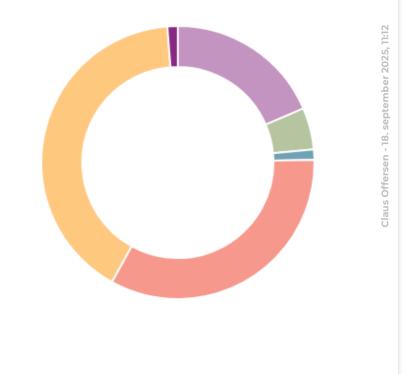






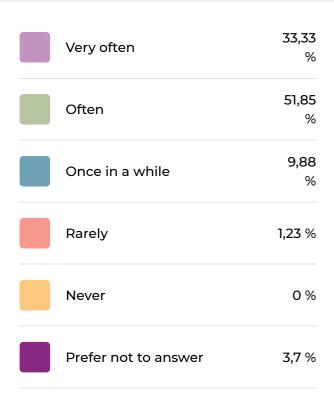


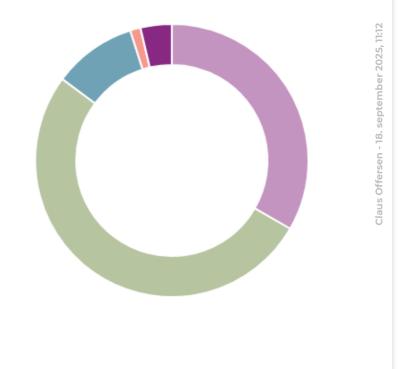
Don't know	18,52 %
No, and that's okay	4,94 %
No, but I wish I had more friends in the class	1,23 %
Yes, but I wish I had more friends in the class	33,33 %
Yes, I have enough friends in the class	40,74 %
Prefer not to answer	1,23 %





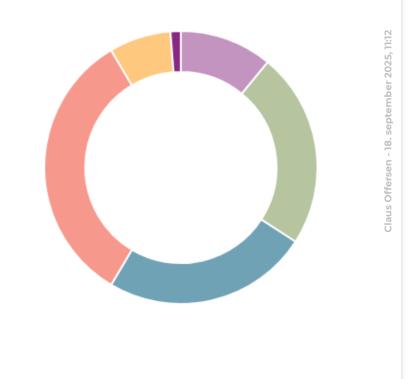
Does your class have a good sense of friendship? (Svar ikke påkrævet - med kommentarer)



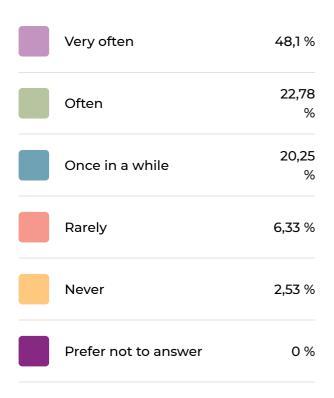


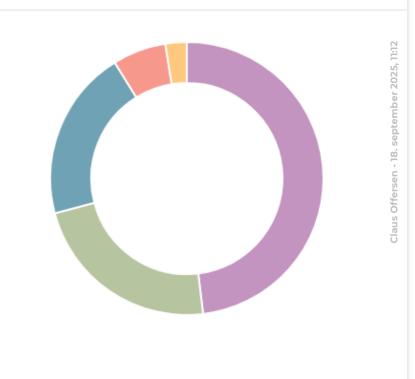
Hele undersøgelsen 41,77 Claus Offersen - 18. september 2025, 11:12 Very often % 32,91 Often 13,92 Once in a while % Rarely 7,59 % 2,53 % Never Prefer not to answer 1,27 %

Very often	10,98 %
Often	23,17 %
Once in a while	24,39 %
Rarely	32,93 %
Never	7,32 %
Prefer not to answer	1,22 %

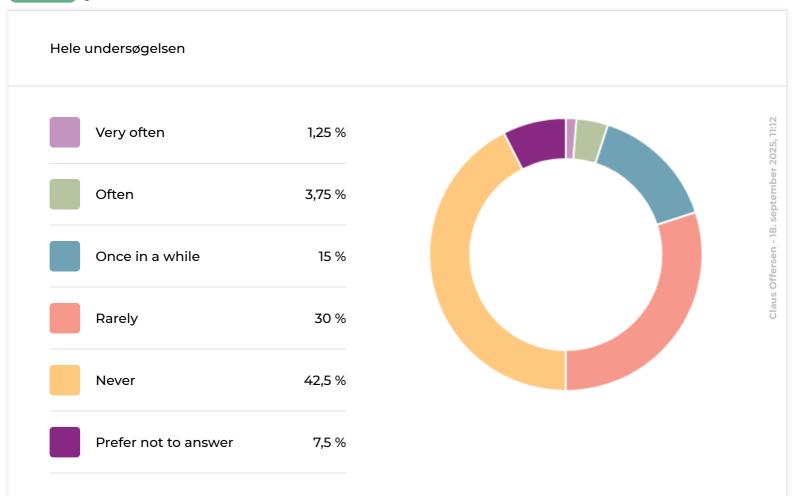


(Svar ikke påkrævet med kommentarer)

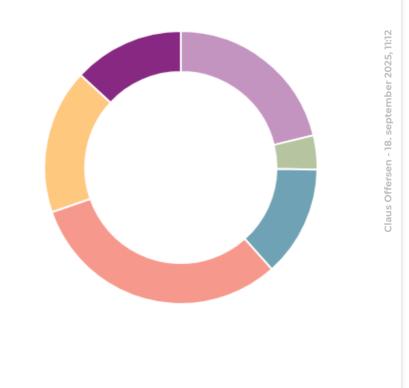




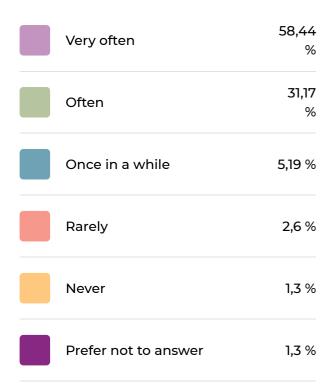
(Svar ikke påkrævet med kommentarer)

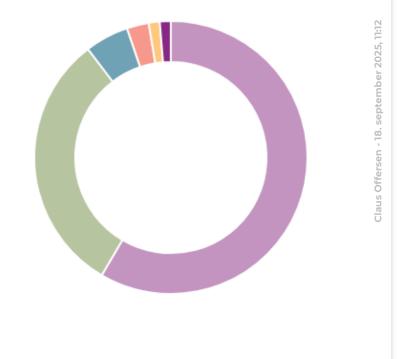


Students who interrupt when others are speaking	21,21 %
Students who are late	4,04 %
Students who walk around the classroom	13,13 %
Students talking	31,31 %
Noise outside the classroom	17,17 %
I don't know	13,13 %



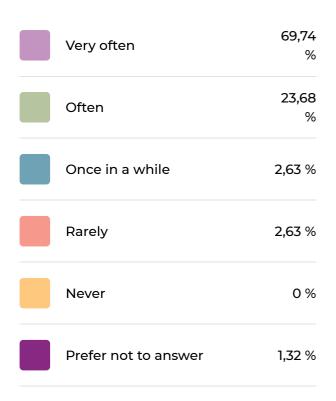
Do you have something to do during breaks? (Svar ikke påkrævet - med kommentarer

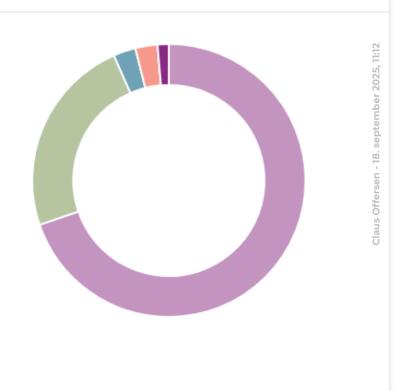


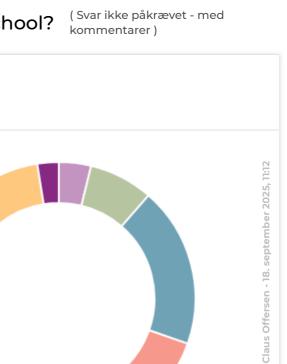


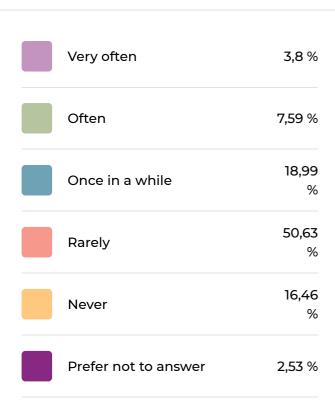


Do you have someone to be with during breaks? (Svar ikke påkrævet - med kommentarer)





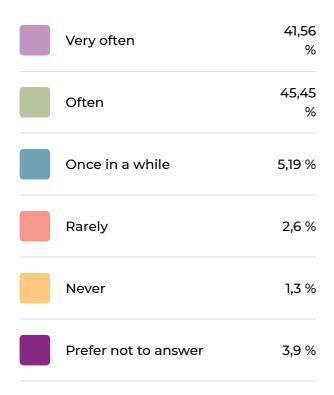


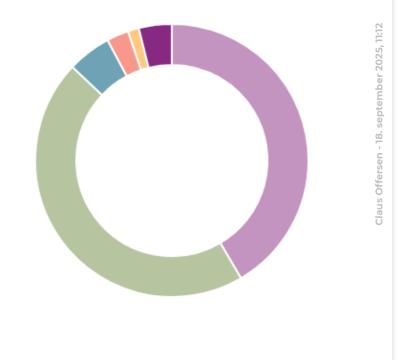




Do the others in the class get to join in when you play at school?

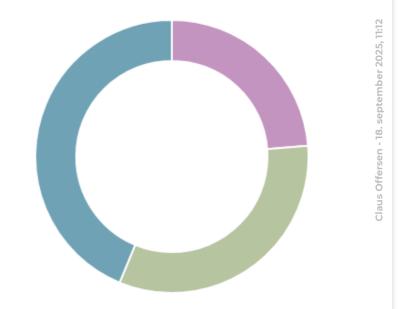
(Svar ikke påkrævet med kommentarer)



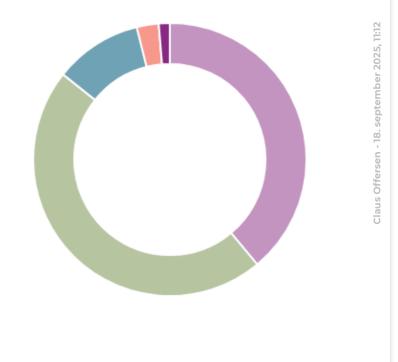


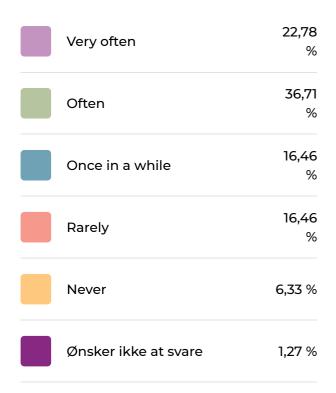
(Svar ikke påkrævet med kommentarer)

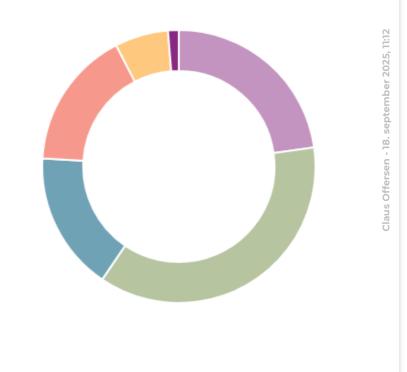
I prefer to do something where we are many together	23,75 %
I prefer to do something in smaller groups	32,5 %
It varies, both large and small groups	43,75 %

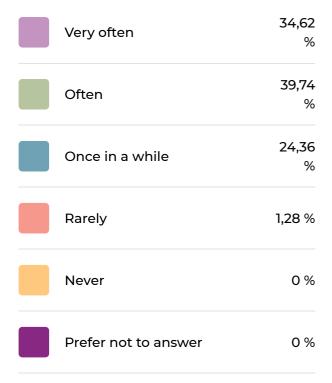


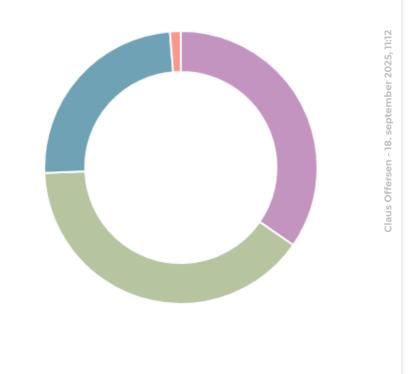
Very often	38,96 %
Often	46,75 %
Once in a while	10,39 %
Rarely	2,6 %
Never	0 %
Prefer not to answer	1,3 %

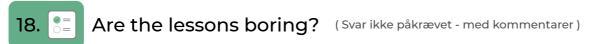








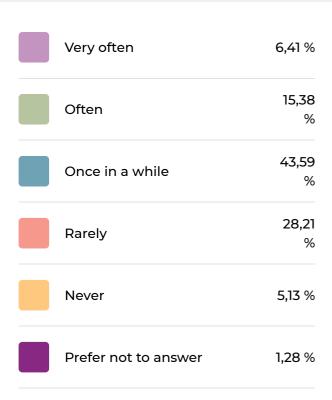


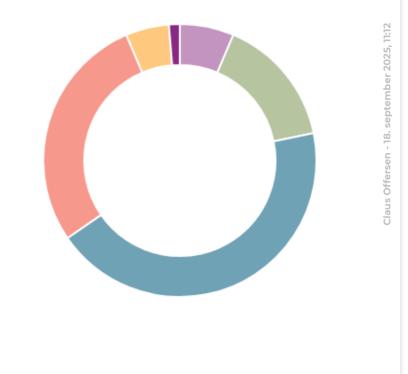


ele undersøgelsen		
Very often	2,53 %	
Often	21,52 %	
Once in a while	27,85 %	
Rarely	32,91 %	
Never	15,19 %	
Prefer not to answer	0 %	



Is what you do in the lessons difficult? (Svar ikke påkrævet - med kommentarer)







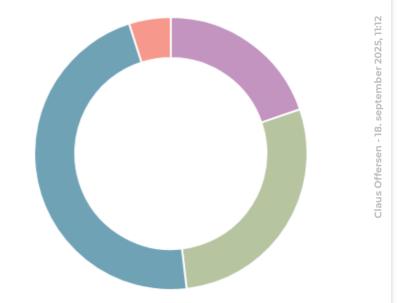
Prefer not to answer

0 %

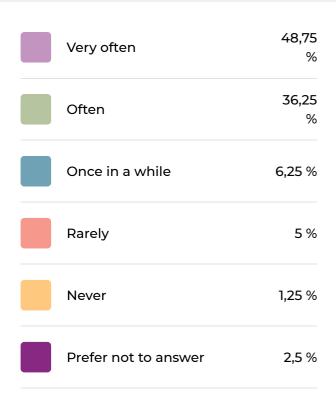
Do you learn something from the lessons? (Svar ikke påkrævet - med kommentarer)

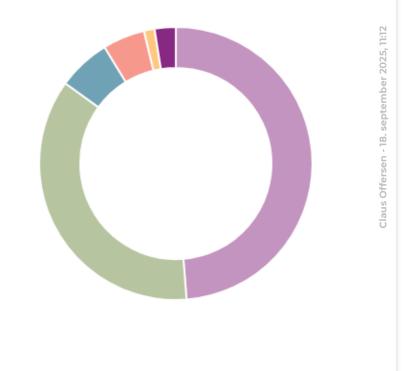
Hele undersøgelsen 44,3 Claus Offersen - 18. september 2025, 11:12 Very often % 36,71 Often 15,19 Once in a while % Rarely 3,8 % 0 % Never



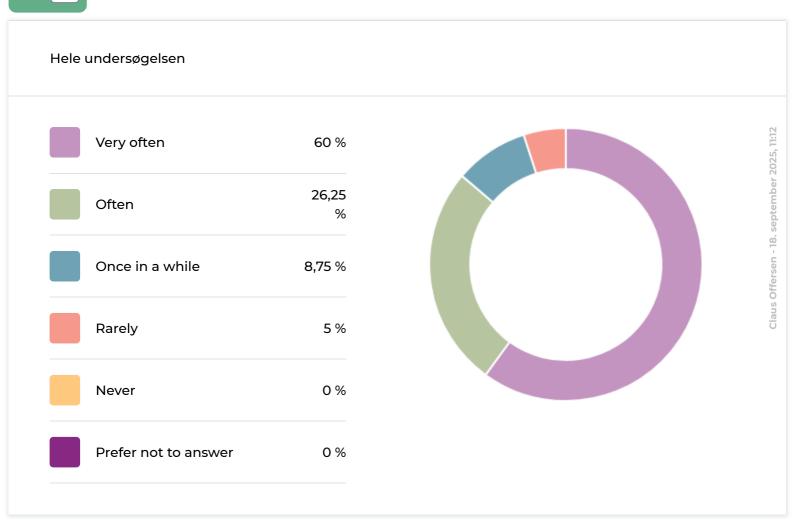


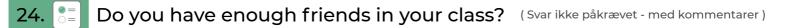
Do you feel like a part of the class community? (Svar ikke påkrævet - med kommentarer)



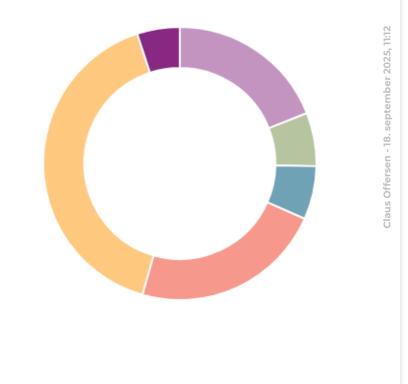






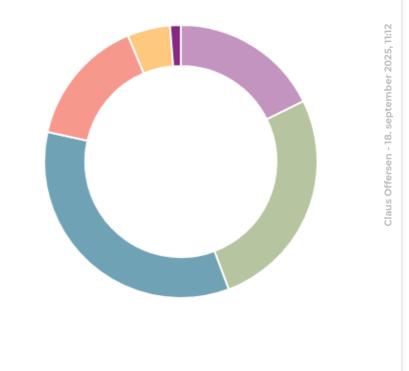


I don't know	18,99 %
No, and that's okay	6,33 %
No, but I wish I had more friends in the class	6,33 %
Yes, but I wish I had more friends in the class	22,78 %
Yes, I have enough friends in the class	40,51 %
Prefer not to answer	5,06 %



(Svar ikke påkrævet med kommentarer)

Very often	17,72 %
Often	26,58 %
Once in a while	34,18 %
Rarely	15,19 %
Never	5,06 %
Prefer not to answer	1,27 %

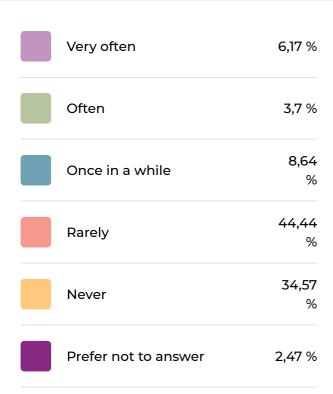


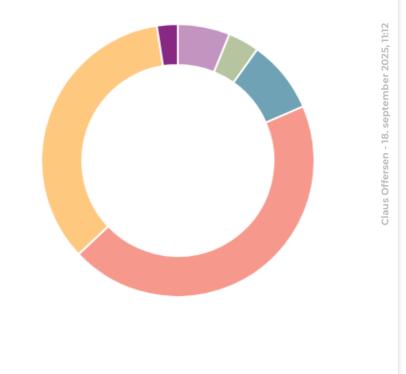
(Svar ikke påkrævet med kommentarer)

Hele undersøgelsen 48,15 Claus Offersen - 18. september 2025, 11:12 Very often % Often 35,8 % 8,64 Once in a while % Rarely 3,7 % 0 % Never Prefer not to answer 3,7 %



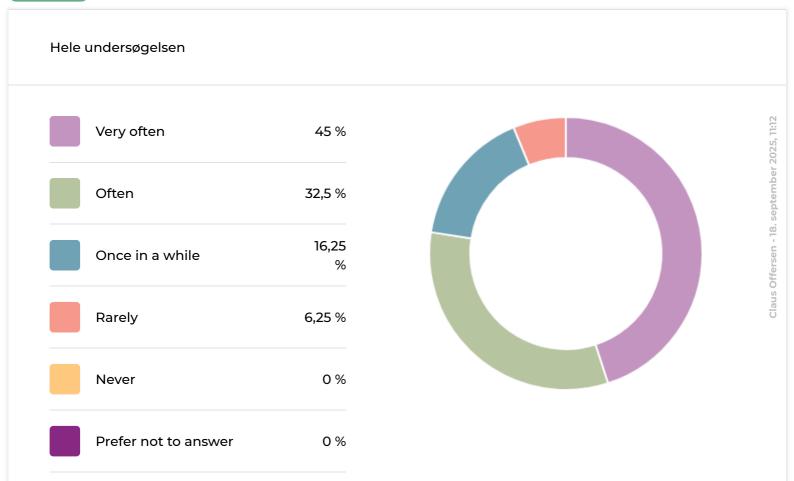
Do you think your teachers scold too much (Svar ikke påkrævet - med kommentarer)

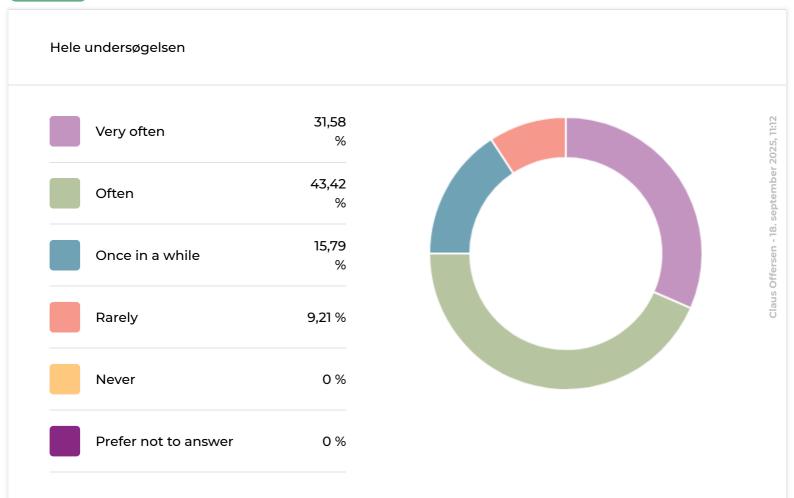




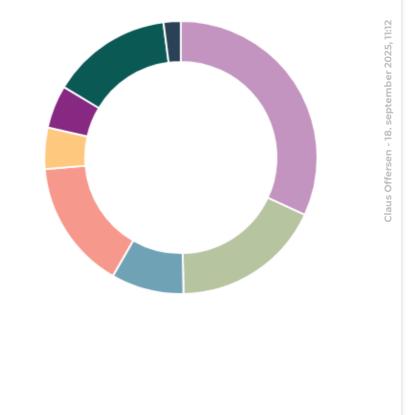
If you find something difficult in lessons, are you able to get help from your teachers?

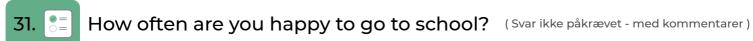
(Svar ikke påkrævet - med kommentarer)





My classmates	31,9 %
My friends from other classes	17,79 %
The lessons	8,59 %
The breaks	15,34 %
The teachers	4,91 %
Recognition from the teachers	5,11 %
When I feel like I'm learning something	14,31 %
Other	2,04 %





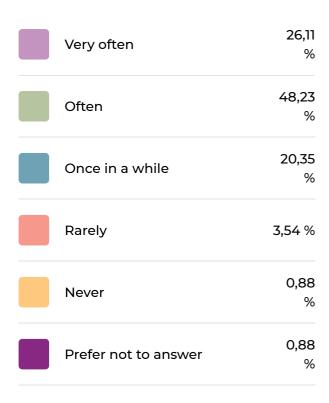
ele undersøgelsen		
Very often	18,75 %	
Often	47,32 %	
Once in a while	21,88 %	
Rarely	6,25 %	
Never	2,23 %	
Prefer not to answer	3,57 %	

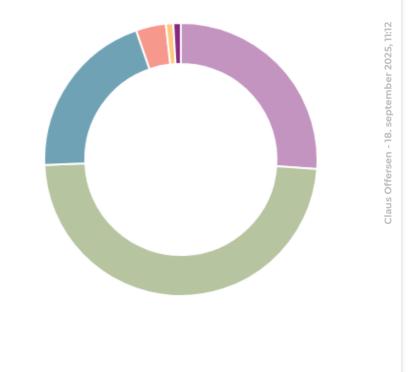


How much do you like going to school? (Svar ikke påkrævet - med kommentarer)

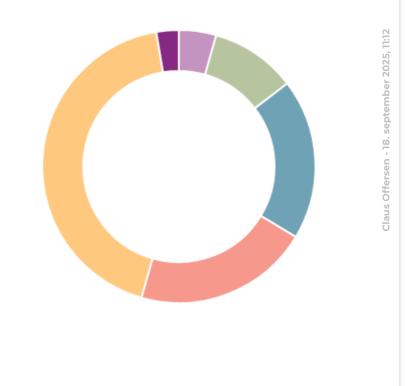
Hele undersøgelsen 16,37 Claus Offersen - 18. september 2025, 11:12 Very well % 42,48 Well 28,76 OK % 7,08 % Not very well Not well 3,98 % Prefer not to answer 1,33 %

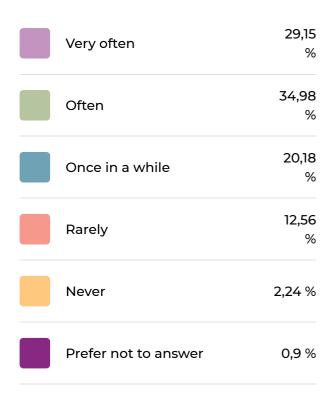
Do you think you learn something at school? (Svar ikke påkrævet - med kommentarer

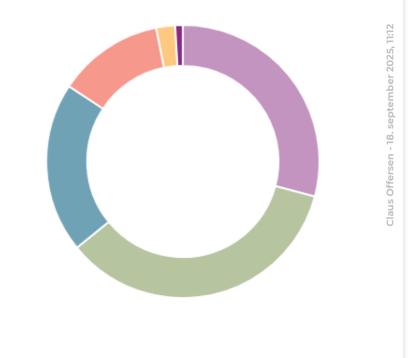




Very often	4,42 %
Often	10,18
Once in a while	19,03
Rarely	20,8
Never	42,92 %
Prefer not to answer	2,65 %



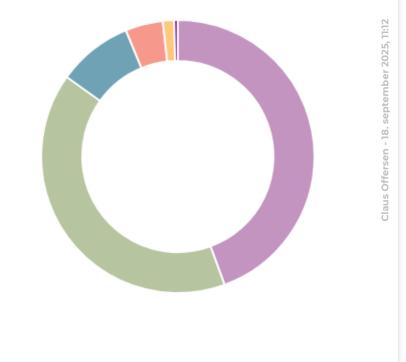






Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.

Very often	44,44 %
Often	40,44 %
Once in a while	8,89 %
Rarely	4,44 %
Never	1,33 %
Prefer not to answer	0,44 %



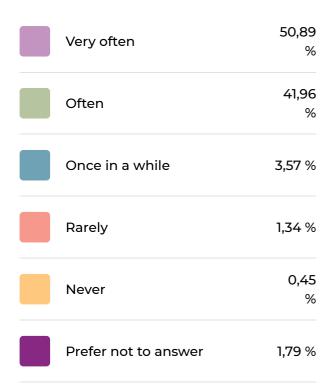
1,33 %

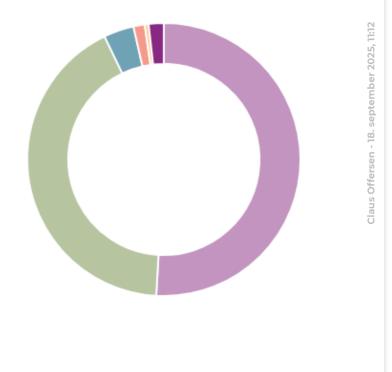
1,78 %

Never

Prefer not to answer

Hele undersøgelsen Claus Offersen - 18. september 2025, 11:12 Very often 1,79 % 4,02 Often % 14,29 Once in a while % 27,68 Rarely 49,55 Never % Prefer not to answer 2,68 %

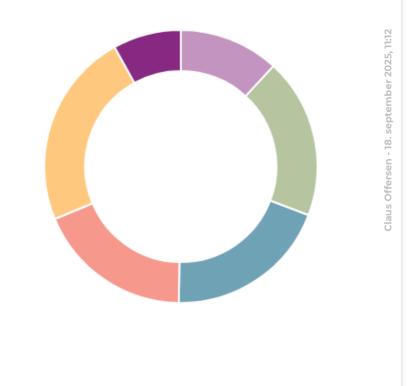




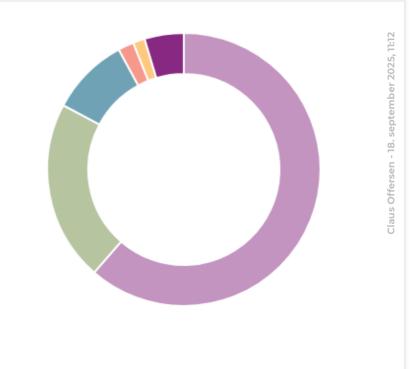


Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.





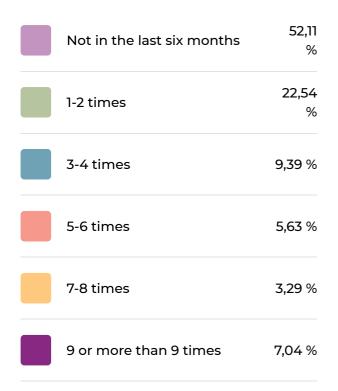
Not in the last six months	61,4 %
1-2 times	21,4 %
3-4 times	9,3 %
5-6 times	1,86 %
7-8 times	1,4 %
9 or more than 9 times	4,65 %

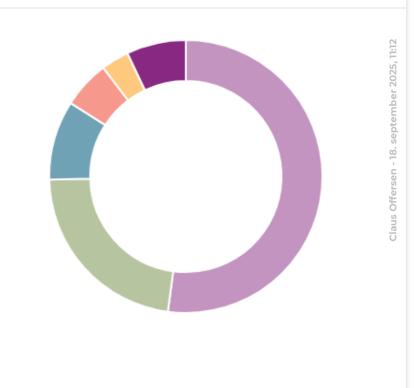




Have you received messages on your phone or the internet in the last six months where others are being talked about behind their backs?

(Svar ikke påkrævet med kommentarer)

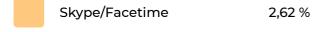




		14,76
S	MS/MMS	%
E	-mail	2,62 %



Twitter	0,24
Iwitter	%



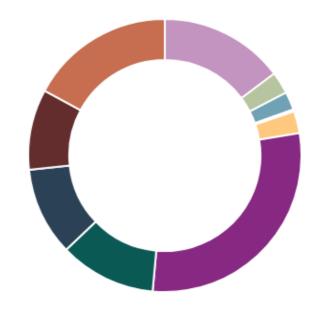
	Snapchat	29,05
		%



TikTok	10,48
TIKTOK	%

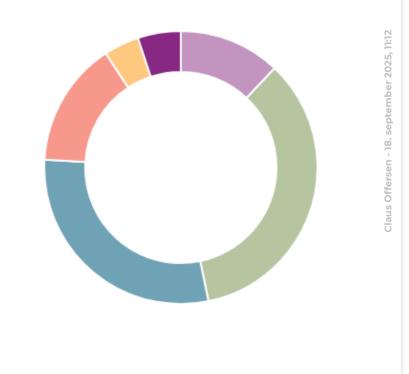
Chatrooms, e.g. in games	9.52 %

Other	17,14
Other	%



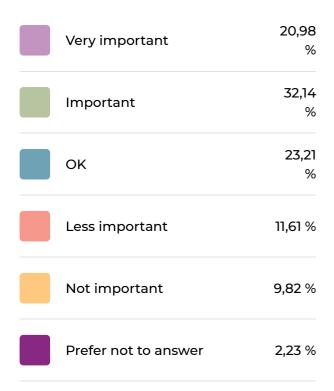
Claus Offersen - 18. september 2025, 11:12

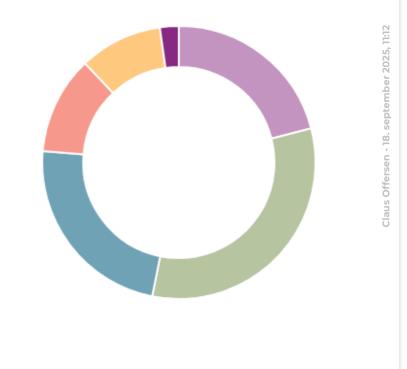
I never use it	12,04 %
½ hour a day	34,72 %
1 hour a day	29,17 %
2 hours a day	14,81 %
3 hours a day	4,17 %
More than 3 hours a day	5,09 %



How important is it for you to use phones and the internet when you communicate with your friends?

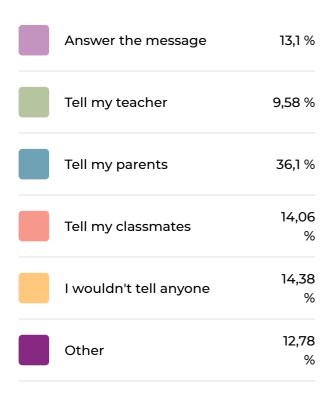
(Svar ikke påkrævet med kommentarer)

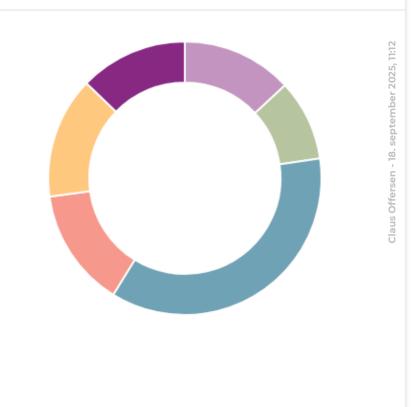




What would you do if you receive or experience something unpleasant (e.g. bullying, unpleasant pictures, unpleasant comments) on your phone or the internet?

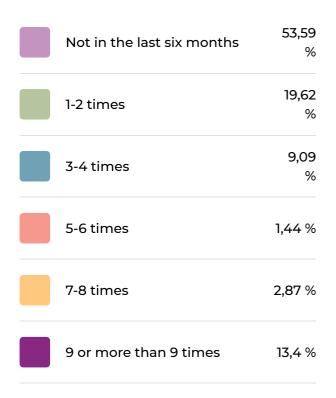
(Svar ikke påkrævet med kommentarer)

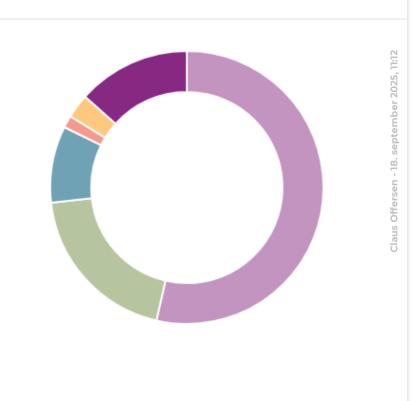




How often, in the last six months, have you communicated with someone online whom you have never met face-to-face?

(Svar ikke påkrævet med kommentarer)



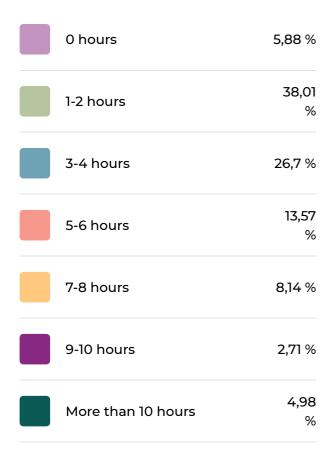


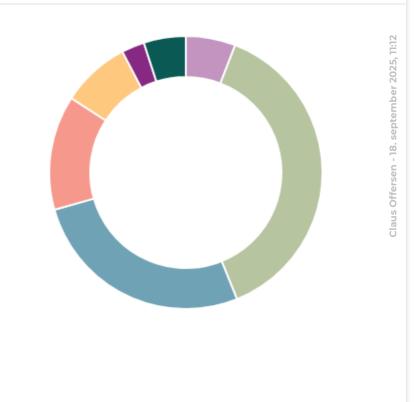


Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.



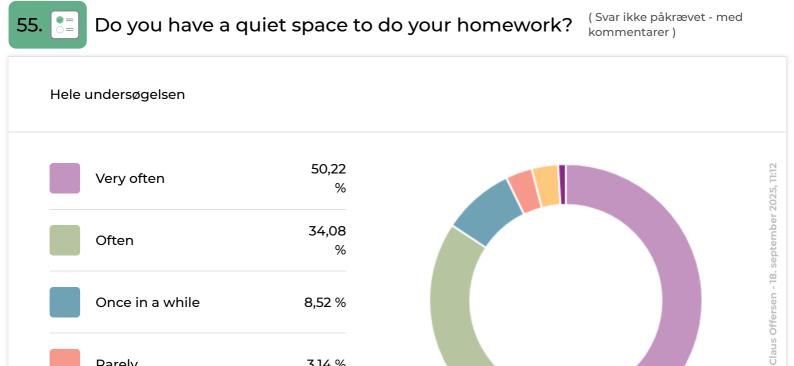
Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.







Do you do your homework regularly? (Svar ikke påkrævet - med kommentarer)



3,14 %

3,14 %

0,9 %

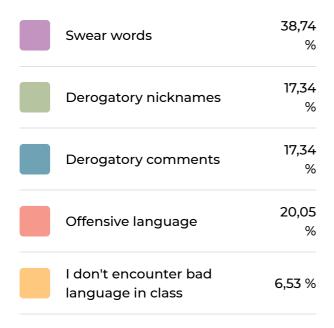
Rarely

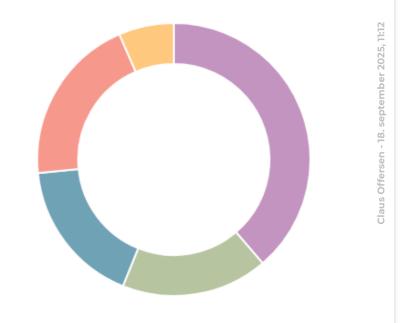
Never

Prefer not to answer

If you hear bad language in class, what sort of words or phrases might you come across?

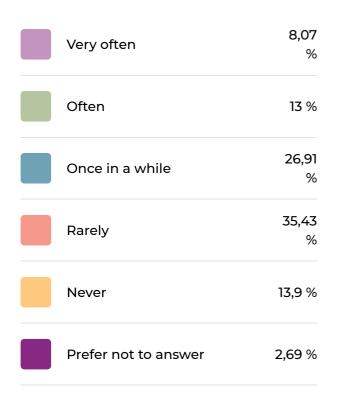
(Svar ikke påkrævet med kommentarer)

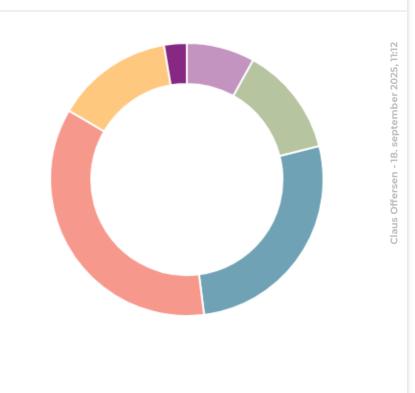


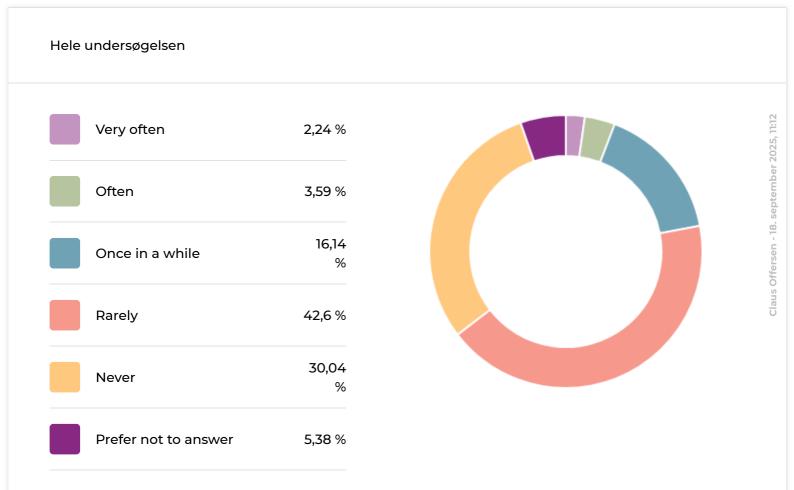


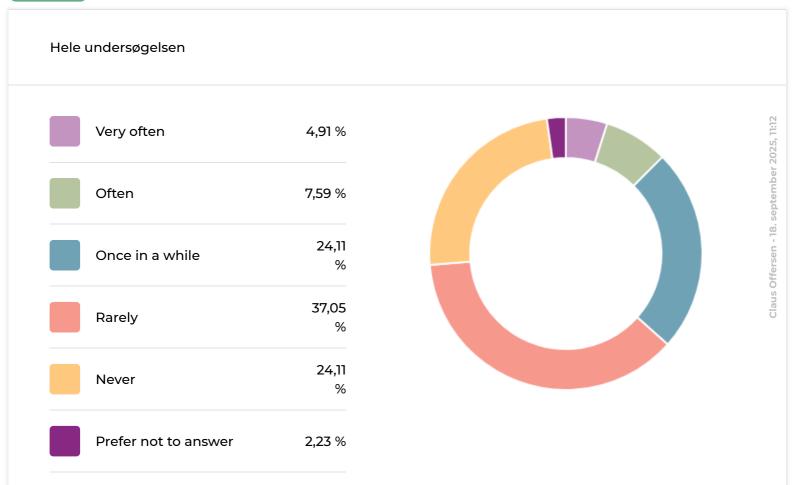
When you say something in class, how often do you feel that others in the class make a negative or bad comment?

(Svar ikke påkrævet med kommentarer)

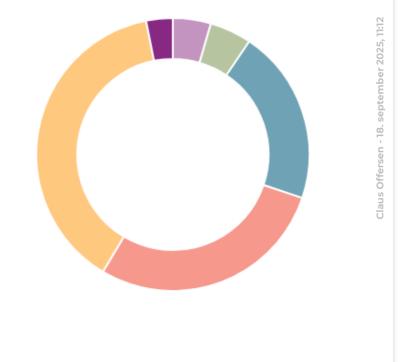








V	ery often	4,5 %
	often	4,95 %
C	nce in a while	20,72 %
R	arely	28,38 %
N	lever	38,29 %
P	refer not to answer	3,15 %



Claus Offersen - 18. september 2025, 11:12

In the beginning of a lesson	2,85 %
During breaks	20,57 %
When there's no teacher present	15,82 %
When boys and girls are talking to eachother	8,39 %
When girls are talking to girls	6,33 %
When boys are talking to boys	15,03 %
During a conflict	14,4 %
When someone is angry at eachother	12,66 %
We don't use rude language with eachother	3,96 %



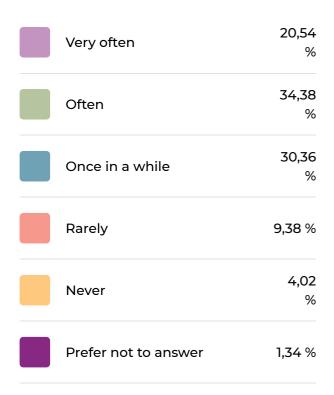


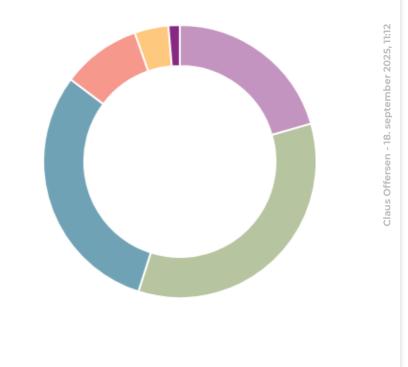
Write a little about how you experience the tone and language in the class. Consider the following: Do you often use swear words? Are there often condescending comments? What can you do to help improve the situation?

(Svar ikke påkrævet uden kommentarer)

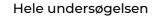


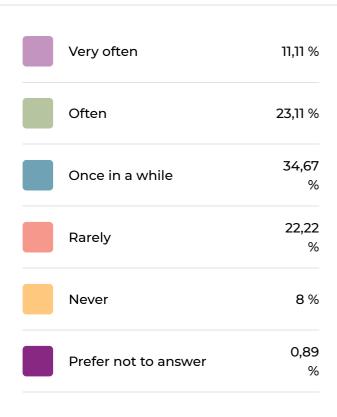
Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.

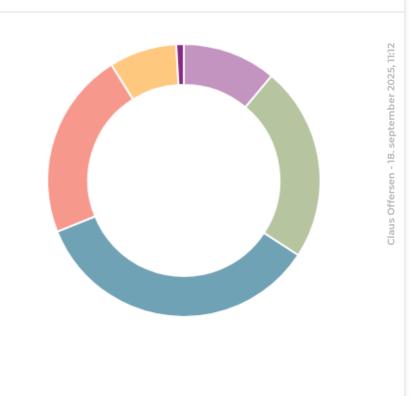


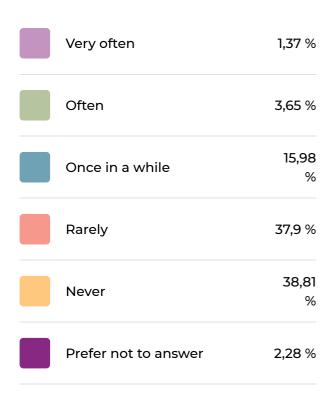


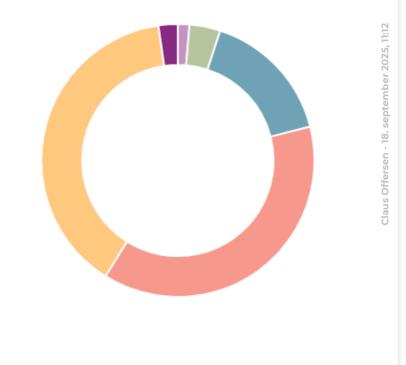
Are you disturbed by disruptions during lessons? (Svar ikke påkrævet - med kommentarer)

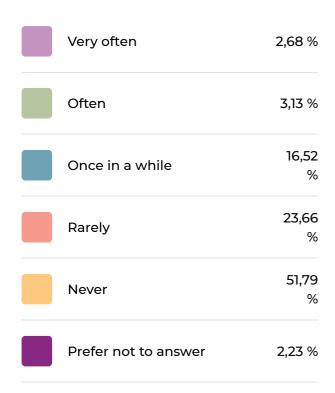


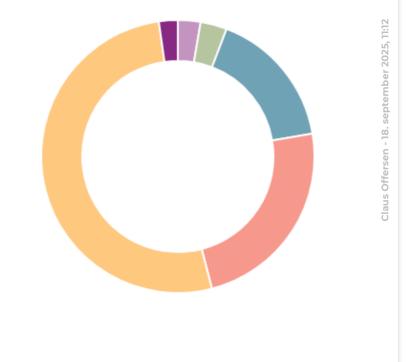










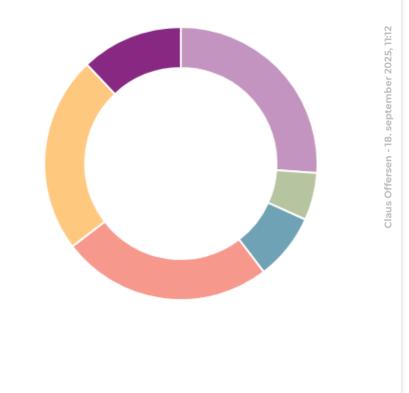


Claus Offersen - 18. september 2025, 11:12

When I need to talk to the others in class	15,29 %
When I'm tired	6,47 %
When others are talking to me	17,06 %
When others are disruptive	9,61 %
When I can't understand what we're meant to do	13,92 %
When the teachers talk too much	6,47 %
When I think the work we're doing is too easy	9,02 %
When we have to sit still for too long	8,82 %
I'm not disruptive in class	13,33 %



Students who interrupt when others are speaking	26,12 %
Students who are late	5,62 %
Students who walk around the classroom	7,87 %
Students talking	25 %
Noise outside the classroom	23,31 %
I don't know	12,08 %

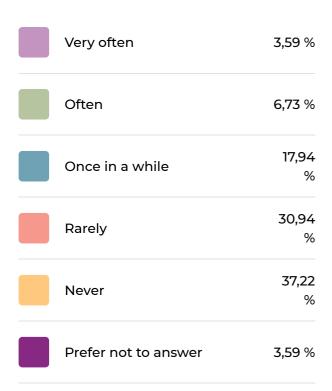


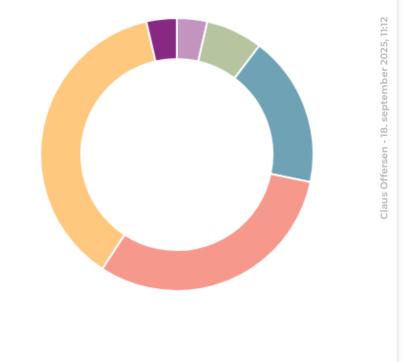


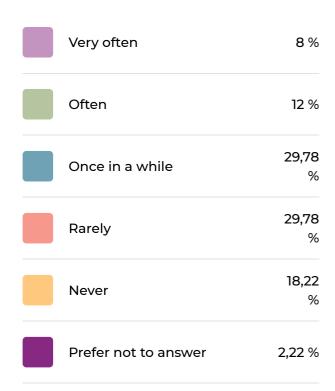
Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.

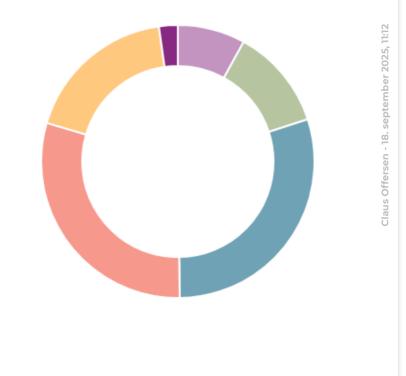


Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.



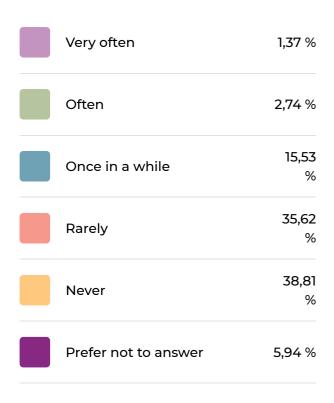


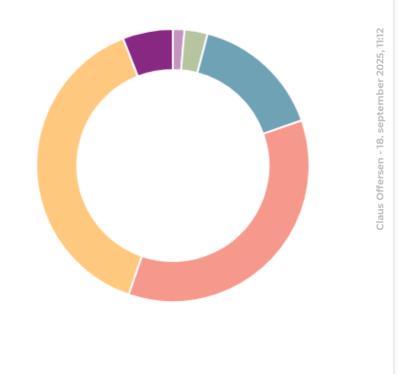




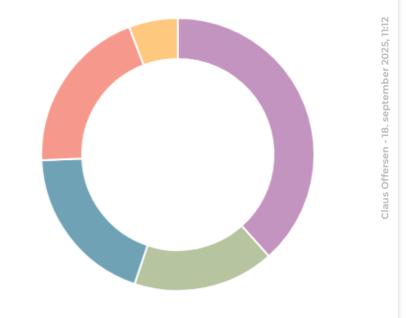
Have you teased others in your class where your intention wasn't to hurt them, but they ended up being upset?

(Svar ikke påkrævet med kommentarer)







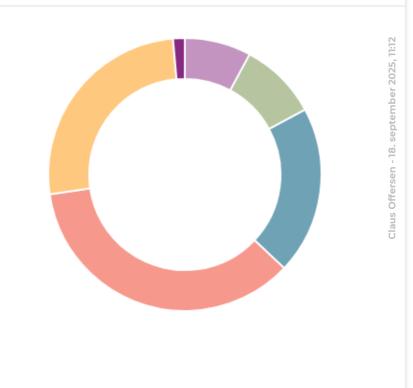


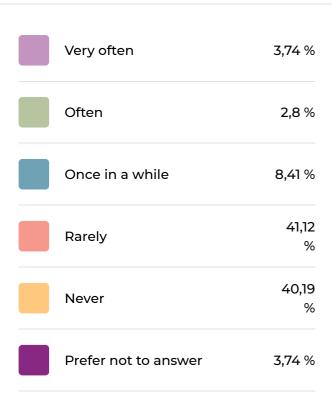
When you say something in class, how often do you feel that others in the class make a negative or bad comment?

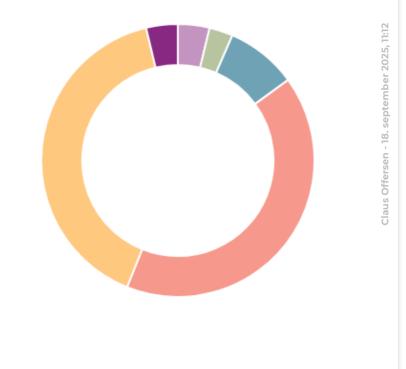
(Svar ikke påkrævet med kommentarer)



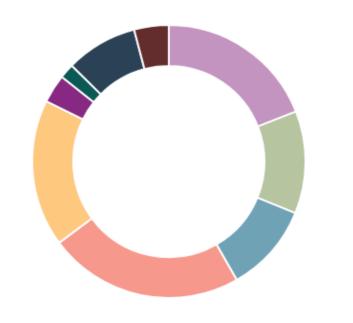




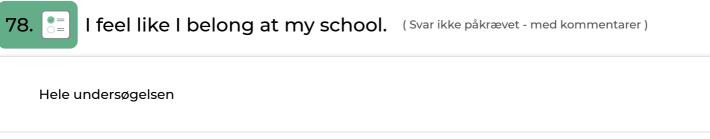


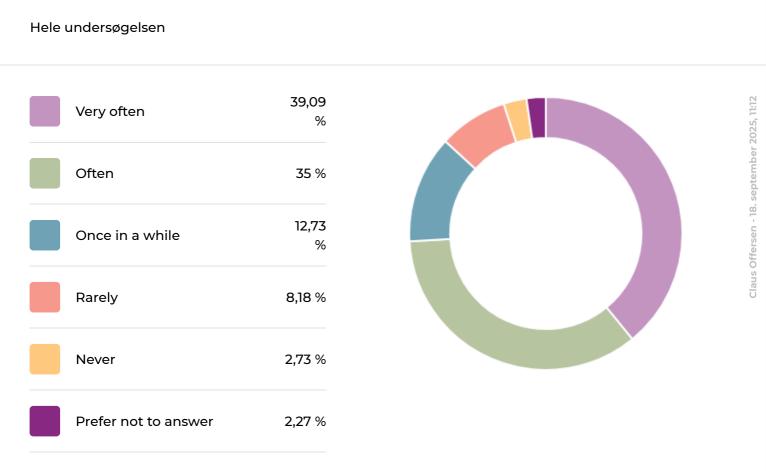


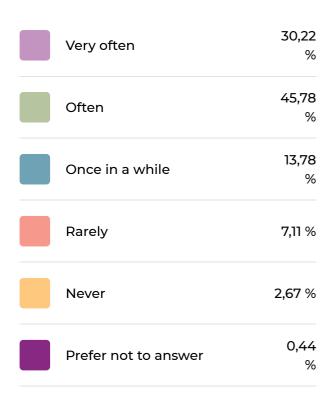
I have a sense of humour and can make others laugh	19,03 %
I am academically talented	12,15 %
I am quiet and don't say much in lessons	10,54 %
I am a good friend	23,13 %
I help others if they have problems	17,42 %
I struggle academically	3,37 %
I disrupt lessons with talking	1,76 %
I am good at taking initiative	8,49 %
Other	4,1 %

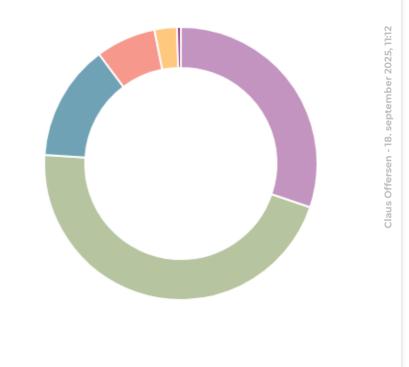


Claus Offersen - 18. september 2025, 11:12











Other students accept me for who I am. (Svar ikke påkrævet - med kommentarer)

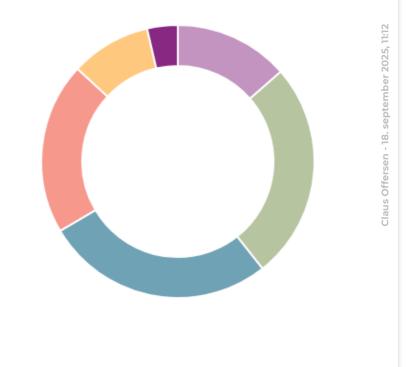
Hele undersøgelsen Claus Offersen - 18. september 2025, 11:12 Very often 36,2 % 44,34 Often 10,86 Once in a while % Rarely 2,26 % 4,07 Never % Prefer not to answer 2,26 %

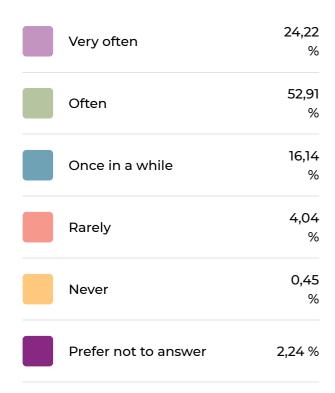


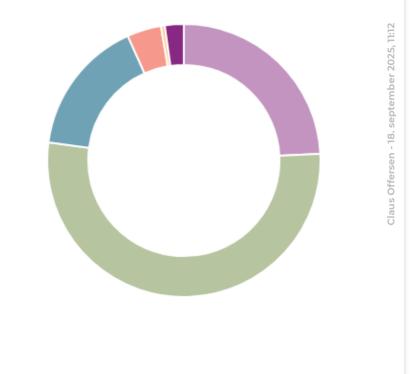
I make good academic progress in school. (Svar ikke påkrævet - med kommentarer)

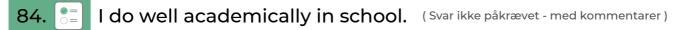
Hele undersøgelsen Strongly agree 26,91 % Agree 45,29 % Neither agree nor disagree 22,42 % Disagree 4,04 % Strongly disagree 1,35 %

Very often	13,57 %
Often	25,79 %
Once in a while	27,15 %
Rarely	20,36 %
Never	9,5 %
Prefer not to answer	3,62 %

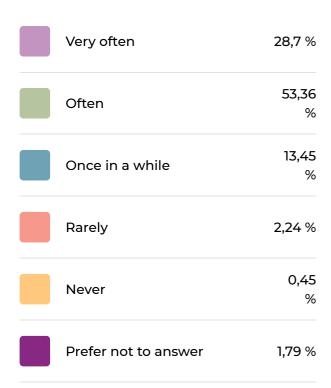


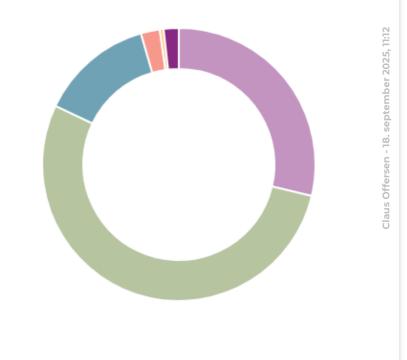




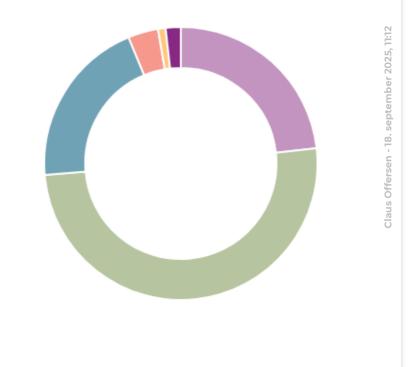


Hele undersøgelsen Claus Offersen - 18. september 2025, 11:12 Strongly agree 32 % 39,11 Agree % 21,78 Neither agree nor disagree % Disagree 4 % Strongly disagree 1,33 % Prefer not to answer 1,78 %

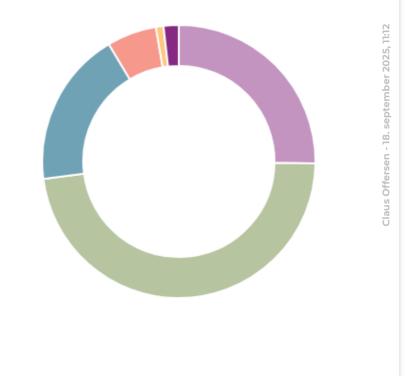




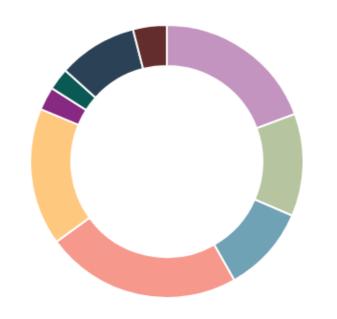




Very often	25,23 %
Often	47,75 %
Once in a while	18,47 %
Rarely	5,86 %
Never	0,9 %
Prefer not to answer	1,8 %

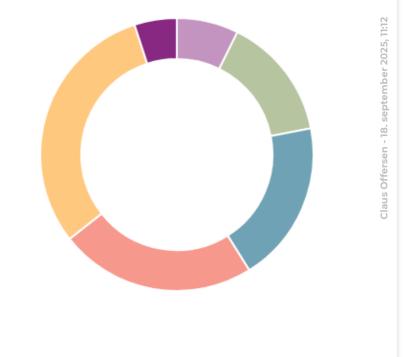


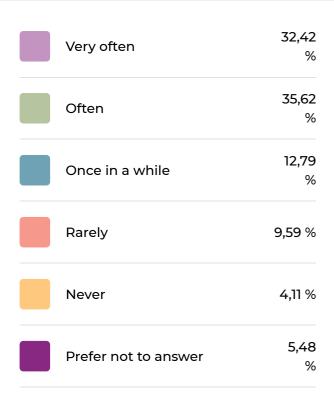
I have a sense of humour and can make others laugh.	19,35 %
I am academically talented	12,14 %
I am quiet and don't say much in lessons	10,29 %
I am a good friend	23,2 %
I help others if they have problems	16,28 %
I struggle academically	2,76 %
I disrupt lessons with talking	2,61 %
. I am good at taking initiative	9,37 %
Other	3,99 %

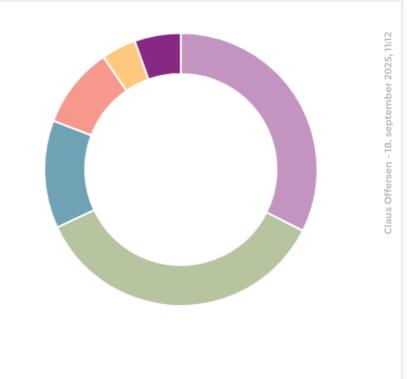


Claus Offersen - 18. september 2025, 11:12



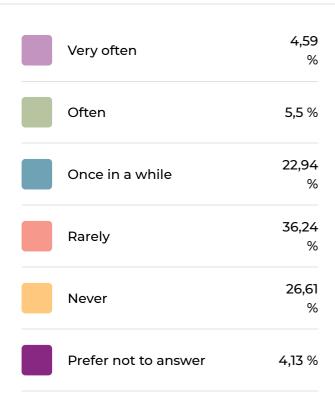


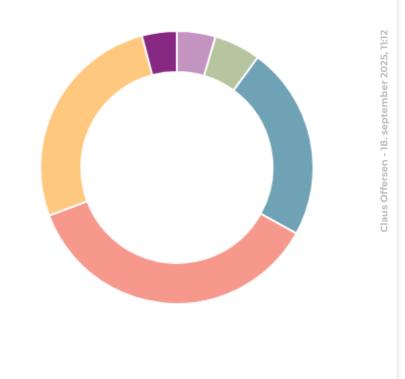




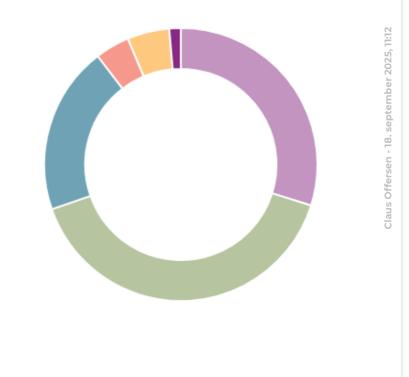


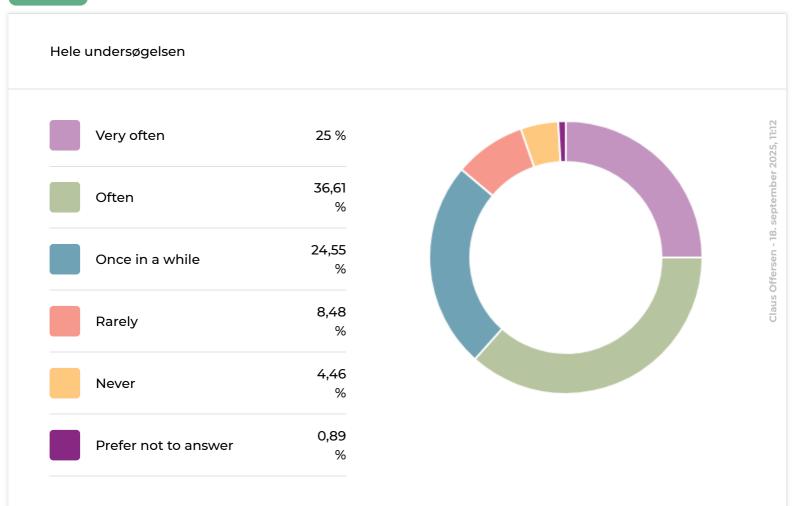
Do you think your teachers scold too much? (Svar ikke påkrævet - med kommentarer)





Very often	29,86 %
Often	39,82 %
Once in a while	19,91 %
Rarely	4,07 %
Never	4,98 %
Prefer not to answer	1,36 %





Give some suggestions for what should happen if the lessons and your schooling are to become more exciting for you.

(Svar ikke påkrævet uden kommentarer)

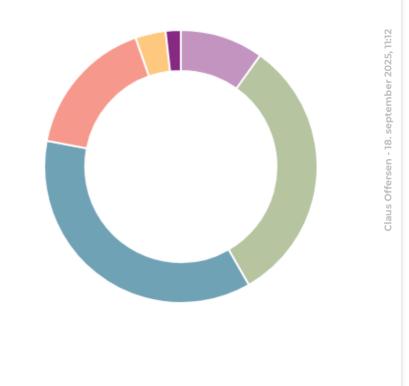


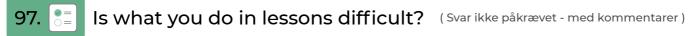
Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.



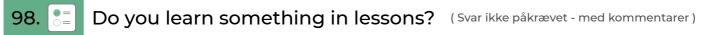
Hele undersøgelsen Claus Offersen - 18. september 2025, 11:12 Very often 4,5 % 28,38 Often % 47,75 Once in a while % 15,32 Rarely 2,7 % Never Prefer not to answer 1,35 %

Very often	9,87 %
Often	31,84 %
Once in a while	36,32 %
Rarely	16,59 %
Never	3,59 %
Prefer not to answer	1,79 %





Very often 3,21 % Often 20,18 % Once in a while 50,46 % Rarely 20,64 % Never 3,21 %	ele undersøgelsen			
Once in a while 50,46 % Rarely 20,64 % Never 3,21 %	Very often	3,21 %		
Rarely 20,64 % Never 3,21 %	Often			
Never 3,21 %	Once in a while			
	Rarely			
Prefer not to answer 2,29 %	Never	3,21 %		
	Prefer not to answer	2,29 %		



ele undersøgelsen		
Very often	25,34 %	
Often	49,32 %	
Once in a while	17,19 %	
Rarely	4,98 %	
Never	1,81 %	
Prefer not to answer	1,36 %	

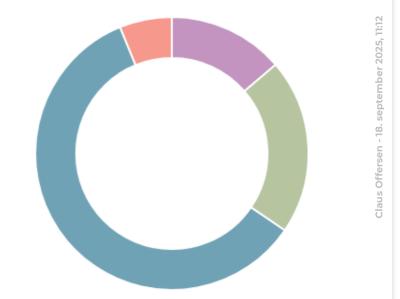
When the teacher is teaching at the board	13,39 %
When I work with others	24,34 %
When I work alone	13,18 %
When I work outside the classroom	12,1 7 %
When I work at my desk in class	13,39 %
When there is silence in the classroom	14,4 %
Other	9,13 %





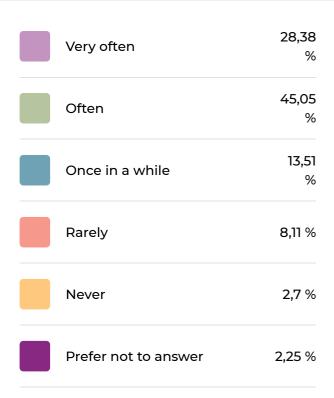
Diagrammet vises ikke i denne rapport, men kan vises for deltagergruppen.

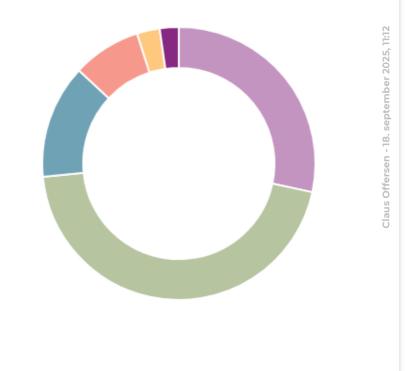






Do you feel like a part of the class community? (Svar ikke påkrævet - med kommentarer)







If the class were to go on a trip for several days, how much fun do you think you would have with your classmates?

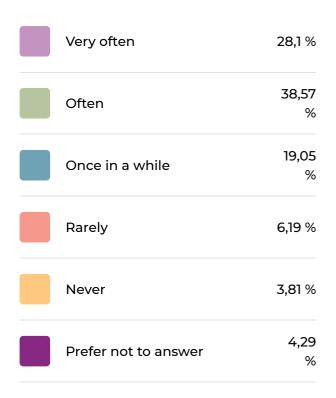
(Svar ikke påkrævet med kommentarer)

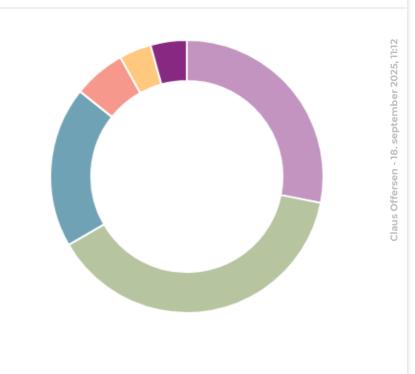
Hele undersøgelsen 66,67 Claus Offersen - 18. september 2025, 11:12 A lot of fun % 20,55 Fun % OK 6,85 % Not that much fun 3,2 % No fun at all 1,37 % I don't know 1,37 %

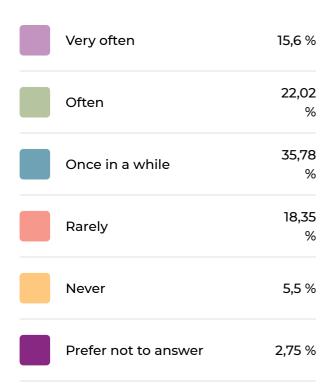


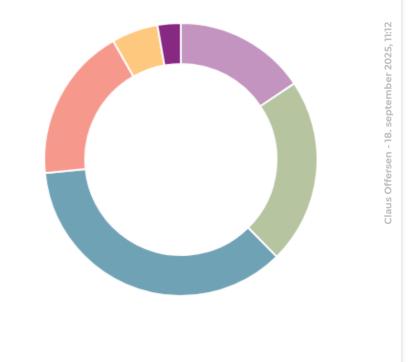
Is there anyone in your class who has more influence (Svar ikke påkrævet than others?

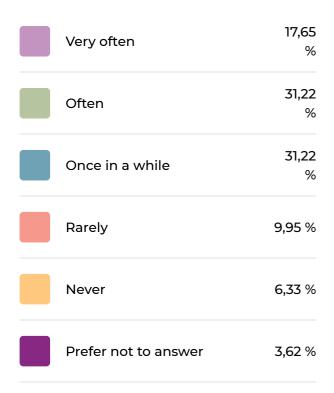
med kommentarer)

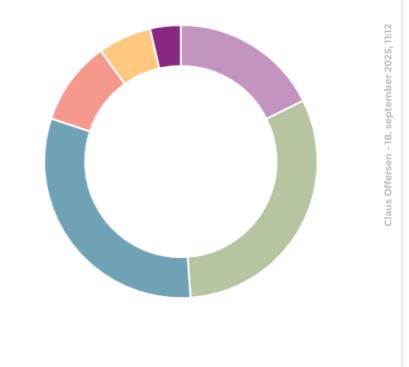














How often do you feel safe in class? (Svar ikke påkrævet - med kommentarer)

\	Very often	36,99 %
	Often	40,18 %
	Once in a while	12,33 %
· ·	Rarely	5,48 %
1	Never	3,2 %
T I	Prefer not to answer	1,83 %

